

IARPP Australia presents

Susan A. Klett

Seminar 1



The International Association for
Relational Psychoanalysis and Psychotherapy
Australia Inc.

The Significance of The Sibling Experience: Its' Impact on Development, Attachment, and Identity - Part 1

Please Note: To preserve and respect both intellectual property rights and confidentiality, the seminar will not be recorded, nor is recording permitted.



This is a 2 part seminar series. However, each seminar is self-contained and not reliant on attendance to both.

Although siblings accompany us within our family of origin throughout all of our developmental stages and are often the longest relationship in our lives, scarce attention has been paid to conscious and unconscious influences of siblings in psychoanalytic theory and practice. Our sense of self is not only developed through the gaze of our mother and/or father, but the position in which they value us in relationship to our siblings. It is our siblings who first socialize us into the world of "the other" our peers and influence how we continue to establish our identity through our differences and alikeness to others throughout our lifespan.

The aim of this seminar is to increase awareness and greater understanding of the profound and pervasive impact of unique and complex sibling dynamics on development, attachment, separation-individuation, identity formation and character styles. To gain a theoretical understanding of sibling relations to widen the scope of clinical practice to include listening for both vertical (parental) and lateral (sibling) dimensions of psychic life, both in relation to and autonomous from parental influences.

Susan A. Klett, Ph.D., Psy.D., LCSW-R, is a training and supervising analyst at The Institute of Contemporary Psychoanalysis Los Angeles and a faculty member, supervising and training analyst at various psychoanalytic institutes in New York City. She is a past President and board member of The Postgraduate Psychoanalytic Society and a former Co-Director and board member of Washington Square Institute for Mental Health. Dr. Klett is the founder and past Director of the Dialectical Behavior Therapy (DBT) Training and Skill Group Program at WSI.

She is co- author of *Analysis of the Incest Trauma: Retrieval, Recovery, Renewal* (Karnac; 2015) and has published articles and reviews on trauma, eating disorders, couple treatment and the psychoanalytic process. She has received a Humanitarian Award for her work with the victims and families of the World Trade Center Disaster (9/11), and has presented nationally and internationally on trauma and personality disorders. Dr. Klett maintains a private practice in Manhattan working with individuals, couples, groups and provides supervision to clinicians and consultations to educational organizations.

Participation available via Zoom Teleconferencing.
A ZOOM LINK WILL BE SENT TO THE EMAIL ADDRESS USED TO REGISTER
ONE DAY PRIOR TO THE SEMINAR

Date:	Saturday 21 September 2024
Time:	9.00 to 11.00 am - Australian Eastern Standard Time (Sydney)
Venue:	This seminar will be solely on Zoom
Cost:	IARPP Aust members \$70 per seminar Non-members \$85 per seminar

Bookings: www.trybooking.com/CJYBQ
Inquiries: info@iarppaustralia.com.au