

IARPP Australia presents

Nancy McWilliams

Seminar 2



The International Association for
Relational Psychoanalysis and Psychotherapy
Australia Inc.

Supervision and 'Vital Signs'

Please Note: To preserve and respect both intellectual property rights and confidentiality, the seminar will not be recorded, nor is recording permitted.



Seminar Description:

This seminar will focus on supervision and consultation. This seminar will focus on "vital signs" in patients that psychoanalytic supervisors teach their supervisees to monitor. While researchers tend to use symptom-reduction as the criterion of improvement in psychotherapy, psychoanalysts focus on areas like attachment security, sense of agency, maturational progress, flexibility of coping, affect tolerance, self-esteem regulation, capacity for self-reflection and mentalization, and other areas of overall psychological functioning. We will look at the process of helping supervisees to get a broader and more in-depth understanding of the healing process than what they currently tend to be taught in their pre-psychoanalytic training.

About the Speaker:

Nancy McWilliams teaches at Rutgers University's Graduate School of Applied & Professional Psychology and practices in Lambertville, New Jersey. She is author of *Psychoanalytic Diagnosis* (1994, rev. ed. 2011), *Psychoanalytic Case Formulation* (1999), and *Psychoanalytic Psychotherapy* (2004) and *Psychoanalytic Supervision* (expected publication September 2021) and is associate editor of both editions of the *Psychodynamic Diagnostic Manual* (2006, 2017). A former president of Division 39 (Psychoanalysis) of the American Psychological Association, she has been featured in three APA videos of master clinicians. She is on the Board of Trustees of the Austen Riggs Center. Her books are available in 20 languages; she lectures widely both nationally and internationally.

Participation available via Zoom Teleconferencing.
YOU WILL RECEIVE THE ZOOM LINK THE DAY BEFORE THE SEMINAR

Date:	Saturday 30 October 2021
Time:	9.00 to 11.00 am - Australian Daylight Savings (Sydney) Time
Venue:	This seminar will be solely on Zoom
Cost:	IARPP Aust members \$70 per seminar Non-members \$85 per seminar Students \$60 per seminar

Bookings: www.trybooking.com/BPWSA
Inquiries: info@iarppaustralia.com.au